DOWNTOWN BAKERY & CREAMERY

SHARING RECIPES AND BAKING TIPS



VOL. 7
PIE DOUGH
CRISP TOPPING
PEACH PIE

HEALDSBURG, CA

PIE DOUGH

YIELDS ONE 9" SINGLE CRUST PIE

5 oz (about 1 cup) all-purpose flour

1/4 TSP TABLE SALT

1/4 TSP GRANULATED SUGAR

3 1/2 OZ (7 TBSP) COLD UNSALTED BUTTER, CUT INTO 1/2" PIECES 3/4 OZ (1 1/2 TBSP) COLD VEGETABLE SHORTENING, CUT INTO 1/2" PIECES

1 1/2 TBSP ICE-COLD WATER

IN THE BOWL OF A STAND MIXER, BLEND THE FLOUR, SUGAR AND SALT. IN THE STAND MIXER (USE THE PADDLE ATTACHMENT AND GRADUALLY INCREASE SPEED FROM LOW TO MEDIUM) OR IN THE BOWL BY HAND WITH A PASTRY BLENDER OR FORK, CUT THE BUTTER INTO THE FLOUR UNTIL THE BUTTER STARTS BREAKING INTO SMALLER PIECES. CUT IN THE SHORTENING UNTIL THE BIGGEST PIECES OF BOTH FATS ARE THE SIZE OF PEAS. WITH THE MIXER RUNNING, SPRINKLE IN THE WATER AND MIX UNTIL THE DOUGH JUST HOLDS TOGETHER. YOU SHOULD HAVE SOME VISIBLE BITS OF BUTTER.

PAT THE DOUGH INTO A FLAT DISK, WRAP TIGHTLY IN PLASTIC AND

REFRIGERATE FOR AT LEAST ONE HOUR TO LET THE DOUGH REST. IF YOU HAVE DECIDED TO DOUBLE THE RECIPE TO MAKE A COVERED PIE, DIVIDE THE DOUGH IN HALF AND MAKE TWO DISKS BEFORE CHILLING.
FOR A TENDER, FLAKY CRUST, IT'S IMPORTANT TO KEEP THE DOUGH AS COLD AS POSSIBLE WHILE WORKING WITH IT. THE DOUGH DOES HAVE TO WARM UP TO BE MALLEABLE ENOUGH TO ROLL THOUGH, SO TAKE IT FROM THE REFRIGERATOR AND LET IT SIT UNTIL PLIABLE, 10-15 MINUTES. UNWRAP THE DOUGH AND SET ON A LIGHTLY FLOURED WORK SURFACE. WITH AS FEW PASSES OF THE ROLLING PIN AS POSSIBLE, ROLL THE DISK INTO A 12" CIRCLE ABOUT 1/8 OF AN INCH THICK.

AFTER EVERY FEW PASSES OF THE ROLLING PIN, RUN A BENCH SCRAPER UNDER THE DOUGH TO BE SURE IT ISN'T STICKING (TO PREVENT TEARING), SCATTER A LITTLE MORE FLOUR UNDER IT AND CONTINUE ROLLING.

DRAPE THE DOUGH INTO A 9" PIE PAN, GENTLY FITTING IT TO THE CONTOURS OF THE PAN. ALLOW THE DOUGH TO REST FOR A MINUTE OR TWO (THIS WILL HELP KEEP THE CRUST FROM SHRINKING) AND THEN TRIM THE EDGE, LEAVING ABOUT 1/2" HANGING OVER THE RIM OF THE PAN.

TUCK THE OVERHANG UNDER TO MAKE A HIGH-EDGE CRUST THAT RESTS ON THE RIM OF THE PAN. CRIMP THE EDGES DECORATIVELY. WRAP WELL AND STORE IN THE COLDEST PART OF THE FREEZER (GENERALLY THE TOP).

IF YOU ARE MAKING A COVERED PIE, TRIM THE BOTTOM CRUST JUST PAST THE EDGE OF THE PAN. FILL THE CRUST WITH FRUIT AND COVER WITH SECOND CIRCLE OF DOUGH. LET REST AND TRIM LEAVING A HALF-INCH OVERHANG. TUCK THE OVERHANG UNDER THE LOWER CRUST AND PROCEED AS ABOVE. CUT SLITS IN TOP CRUST TO VENT STEAM AND BRUSH WITH EGG WASH (AN EGG BEATEN WITH CREAM) BEFORE BAKING FOR A SHINY FINISH.

CRISP TOPPING

YIELDS ABOUT 3 CUPS, ENOUGH FOR ONE 9" PIE

1 1/4 CUPS ALL-PURPOSE FLOUR
1/2 CUP LIGHTLY PACKED LIGHT BROWN SUGAR
2 TBSP GRANULATED SUGAR
4 OZ (8 TBSP) COLD SALTED BUTTER, CUT INTO 1/2" PIECES
PINCH CINNAMON (OPTIONAL)
1 TBSP GROUND ALMONDS (OPTIONAL)

PUT ALL INGREDIENTS EXCEPT BUTTER INTO THE BOWL OF A STAND MIXER. USING THE PADDLE ATTACHMENT AT LOW SPEED, CUT THE BUTTER INTO THE DRY INGREDIENTS UNTIL IT LOOKS SANDY. YOU DO NOT WANT IT TO SHEET (COME TOGETHER). TRY NOT TO OVER MIX, BUT IF YOU DO, USE IT ANYWAY.



PEACH PIE

YIELDS ONE 9" PIE

ONE 9" PAR-BAKED PIE SHELL
4-5 CUPS PEELED AND SLICED YELLOW PEACHES
2-3 TBSP ALL-PURPOSE FLOUR
5-6 TBSP GRANULATED SUGAR
ONE RECIPE CRISP TOPPING

PREHEAT OVEN TO 350 DEGREES.

TO PAR-BAKE PIE SHELL: LINE FROZEN SHELL WITH FOIL OR A LARGE BASKET-STYLE COFFEE FILTER. FILL WITH PIE WEIGHTS OR UNCOOKED DRIED BEANS, PRESSING THEM TOWARD THE SIDES TO KEEP THE WALLS OF YOUR PIE FROM FALLING DOWN. BAKE 25-35 MINUTES IN 350 OVEN. THE PIE SHELL SHOULD BE A **PALE** GOLDEN BROWN. LET COOL SLIGHTLY AND CAREFULLY REMOVE BEANS AND LINER.

TOSS PEACHES, FLOUR AND SUGAR TOGETHER IN A BOWL AND POUR INTO PAR-BAKED PIE SHELL. IF THE PEACES ARE VERY JUICY, USE THE LARGER AMOUNT OF FLOUR INDICATED. YOUR FRUIT SHOULD BE LEVEL WITH OR SLIGHTLY BENEATH THE BOTTOM OF THE CRIMPED EDGE, AS PEACHES EXPAND DURING BAKING. IF YOU HAVE THEM, A HANDFUL OF RASPBERRIES OR BLACKBERRIES TOSSED IN WITH THE PEACHES MAKE A DELICIOUS ADDITION.

COVER WITH CRISP TOPPING.

PLACE ON PARCHMENT-LINED BAKING SHEET (TO EASE LATER CLEAN UP). BAKE 40-45 MINUTES IN 350 OVEN UNTIL TOPPING IS A RICH GOLDEN BROWN AND THE JUICES DRIPPING FROM THE SIDES OF THE PIE ARE NICE AND THICK.

FOR AN EVEN BAKE AND THE CRISPEST CRUST, BAKE YOUR PIE ON A HEATED BAKING SHEET OR PIZZA STONE ON THE BOTTOM RACK OF YOUR OVEN.

REMOVE FROM OVEN AND SET ON RACK TO COOL TO ROOM TEMPERATURE. THE PIE WILL SLICE MORE NEATLY WHEN COOL.

